

Step-by-step - How to use the DiFree Self-Assessment and Vocational Orientation Tool

Click on the icon

VISIT DIFREE.UCA.ES >

and you will get access to the Welcome page

Welcome to DiFree

Email *

What's your email?

Password *

What's your password?



Forgot your password?

Log In

Not registered yet? [Create an account](#)

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Go to <https://difree.uca.es/register/> to create your account.

Fill in the required fields: email, first name, last name, password, confirm your password, and accept the terms and conditions. Then, click "Register".

Get Started with DiFree

Set up your account with your personal details

Email: *

First Name: *

Last Name: *

Password: *

Confirm your password: *

I accept the Terms of Service and Privacy Policy of DiFree

[Sign Up](#)

Already have an account? [Go to Login page](#)

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Check your email inbox for a message from **no-reply.difree@uca.es**.
Open the email and click "**Verify Account**" to activate your account.



Registration Confirmation for Difree

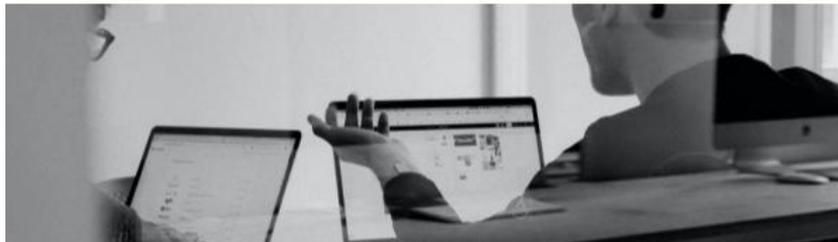
Thank you for registering with Difree, the leading platform for self-assessment of entrepreneurial and digital skills. We are excited to have the opportunity to help you discover and develop your abilities.

[Verify account](#)

Once you have verified your email address, you will be ready to embark on your journey of self-assessment and development of entrepreneurial and digital skills with Difree.

Thank you for joining the Difree community, and we hope you enjoy your experience with us!

You will receive a welcome email confirming your registration.



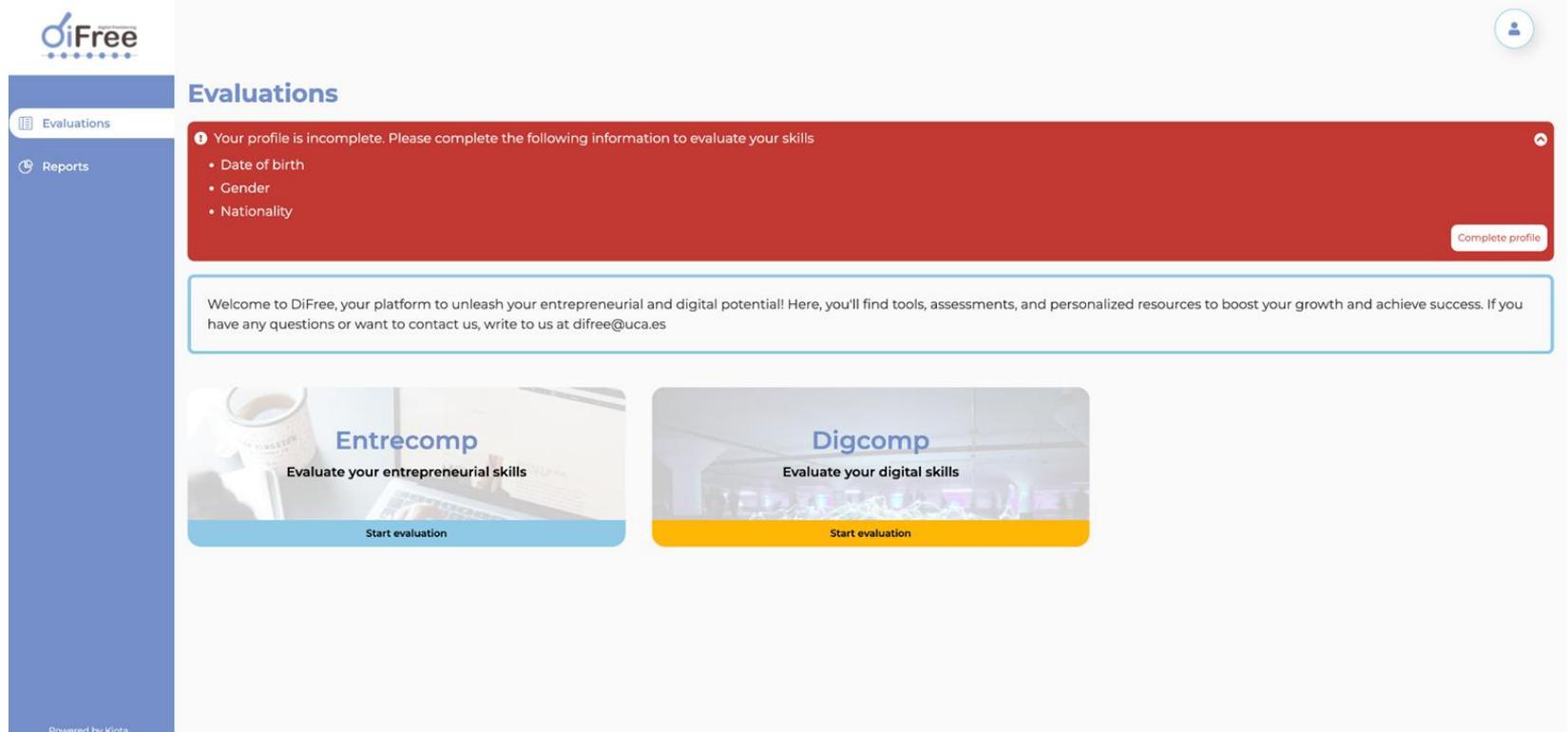
Thank you for registering with Difree. You will have the opportunity to discover and develop your abilities!

Please click on the following link to start your journey through the self-assessment tool of entrepreneurial and digital skills.

[Go to platform](#)



Log in to the platform and complete your profile by clicking "Complete Profile".



The screenshot displays the DiFree platform interface. At the top left is the DiFree logo. A blue sidebar on the left contains navigation options: "Evaluations" (selected) and "Reports". In the top right corner, there is a user profile icon. A prominent red notification banner states: "Your profile is incomplete. Please complete the following information to evaluate your skills". Below this, a list of required fields is shown: "Date of birth", "Gender", and "Nationality". A "Complete profile" button is located in the bottom right of the notification. Below the notification, a welcome message reads: "Welcome to DiFree, your platform to unleash your entrepreneurial and digital potential! Here, you'll find tools, assessments, and personalized resources to boost your growth and achieve success. If you have any questions or want to contact us, write to us at difree@uca.es". Two evaluation cards are presented: "Entrecomp" with the subtitle "Evaluate your entrepreneurial skills" and a blue "Start evaluation" button; and "Digcomp" with the subtitle "Evaluate your digital skills" and a yellow "Start evaluation" button. At the bottom left, it says "Powered by Kiota".

DiFree

Evaluations

Reports

Profile Completion Notification:

Your profile is incomplete. Please complete the following information to evaluate your skills

- Date of birth
- Gender
- Nationality

[Complete profile](#)

Welcome to DiFree, your platform to unleash your entrepreneurial and digital potential! Here, you'll find tools, assessments, and personalized resources to boost your growth and achieve success. If you have any questions or want to contact us, write to us at difree@uca.es

Entrecomp
Evaluate your entrepreneurial skills
[Start evaluation](#)

Digcomp
Evaluate your digital skills
[Start evaluation](#)

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Enter your **personal details**, including gender, date of birth, nationality, place of residence, hobbies, educational background, and professional information.



My Account

[Personal Information](#) [Academic Information](#) [Professional Information](#) [Security](#) [Settings](#)

Please, save changes before navigate to other section. Otherwise, changes will be lost.

First Name * **Last Name ***

Email * **Gender**

Date of Birth **Nationality**

Country of Residence **City of Residence** **Zip Code**

Hobbies

Could you indicate some hobbies you have?

Navigate to the "Evaluations" section and choose one of the two assessments: "Entrecomp" or "Digcomp". Click "Start Evaluation" to begin.



Evaluations

Evaluations

Reports

Welcome to DiFree, your platform to unleash your entrepreneurial and digital potential! Here, you'll find tools, assessments, and personalized resources to boost your growth and achieve success. If you have any questions or want to contact us, write to us at difree@uca.es

Entrecomp
Evaluate your entrepreneurial skills

Start evaluation

The card features a background image of a desk with a laptop, a coffee cup, and some papers. The text is overlaid on the image.

Digcomp
Evaluate your digital skills

Start evaluation

The card features a background image of a modern office interior with blue lighting and a person working at a desk. The text is overlaid on the image.

Review the **evaluation details**, such as the number of questions and estimated completion time. Then, click "**Start Evaluation**".



Entrecomp

Evaluate your entrepreneurial skills

You are about to start the self-assessment, one of the tools that will allow you to prepare and analyze your professional possibilities as a Digital Freelancer.

The form has **15 questions** divided into **3 sections**.

The average duration is **30 minutes**.

The form **auto-saves**. You can log out at any time and resume later.

You can also finish the questionnaire without answering all the questions, but note that unanswered questions will not be counted in your report.



Start evaluation

At the top of the screen, you will see the question category and the question itself. Select the most appropriate answer on a scale from 0 to 8, then click **"Save and Continue"** to proceed to the next question.



Evaluations

Reports

Entrecomp

Check the progress: 0/15

Ideas and opportunities ✨ Spotting opportunities

Identify opportunities to create value by exploring my surroundings, as well as uncover needs and challenges that need to be met, exploring the social, cultural and economic landscape, and establishing new connections to create value.

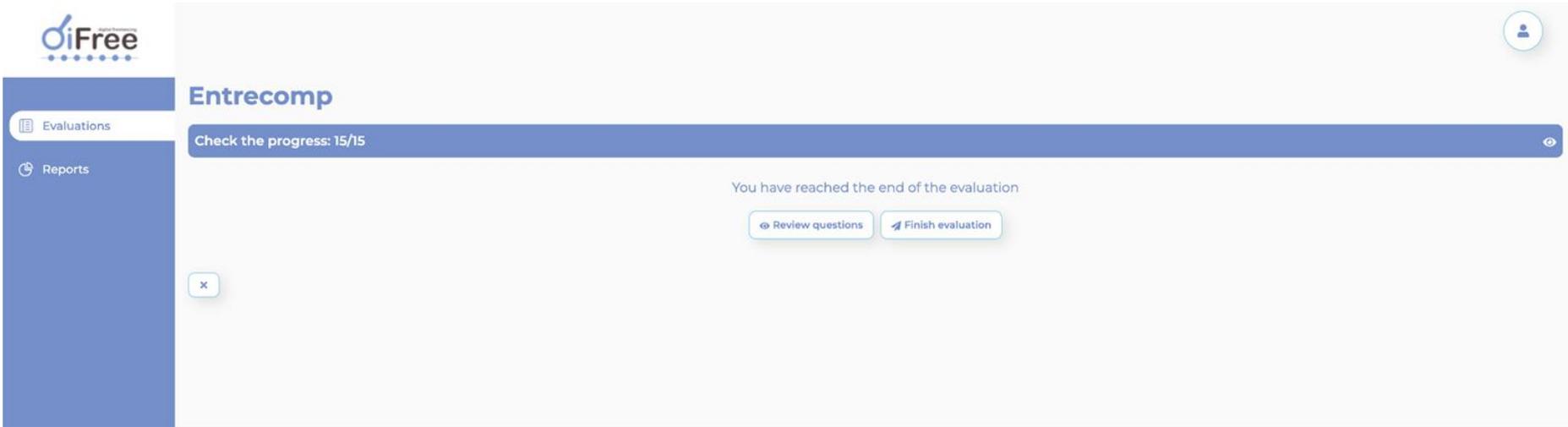
1 - I use my imagination and abilities to identify opportunities for creating value.

Which option best describes you in this case?

- 0 I don't know how to spot opportunities.
- 1 Under direct supervision, I find opportunities to help others, finding different need solutions, for different groups who have benefited, telling the difference between areas where value can be created (e.g., at home, community, environment, or in the society).
- 2 With reduced support from others, I recognize needs, challenges and opportunities to create value in my community, that I can contribute to solving, recognizing the different roles the public, private and third sectors play in my region or country.
- 3 Something in between.
- 4 Taking and sharing some responsibilities, I proactively look for opportunities, including out of necessity, redefining the description of a challenge, so that alternative opportunities address it may become apparent. I can establish which user group, and which needs, I want to tackle.
- 5 Something in between.
- 6 Taking responsibility for making decisions and working with others, I use my understanding of the context to create value, judging the right time, and contrasting interests of different stakeholders. I can analyse a value- creation activity by looking at it as a whole and identifying further opportunities.
- 7 Something in between.

Complete all the questions and, once finished, click "**Finish Evaluation**". If you'd like to review your answers before submitting, click "**Review Questions**". Confirm your submission when prompted.

A notification will appear: "Evaluation submitted correctly", confirming that your responses have been successfully sent.



The screenshot displays the DiFree evaluation interface. On the left is a blue sidebar with the DiFree logo at the top, followed by 'Evaluations' and 'Reports' menu items. The main content area has a blue header with the title 'Entrecomp' and a progress indicator 'Check the progress: 15/15'. A central message states 'You have reached the end of the evaluation', with two buttons below it: 'Review questions' and 'Finish evaluation'. A small 'x' icon is visible in the bottom left corner of the main area, and a user profile icon is in the top right corner.

Go to the "Reports" section, where your evaluation report will be available. Click "View Report" to access it.



Evaluations

Reports

Reports



Entrecomp

Higher Education students and Recent Graduates

• Name	María Pérez	College career	Administration and Finance
• Sex	Female	16/01/2025	Master's degree
• Age	22 years old	Date of realization	15/04/2023

Entrecomp - Most relevant

[View report](#)



previous

1

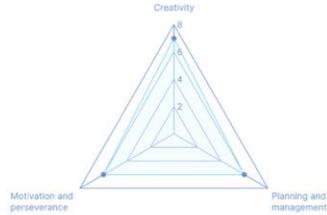
next

Name	María Rosado	College Career	-
Sex	Female	Educational Level	-
Age	28	Date of realization	2025-01-16

Entrecomp

This report provides a detailed assessment of your entrepreneurial competencies. It measures your skills and capabilities in key areas related to entrepreneurship, offering you a comprehensive view of your strengths and areas for improvement. The report provides valuable and personalized information so that you can enhance your entrepreneurial profile and confidently pursue your professional goals.

Most relevant



Creativity



Feedback 7

You are one step away from excellence in the field. Our recommendation for you to continue to practise, contribute and leverage your knowledge is to design new processes to involve stakeholders in generating, developing and testing ideas that create value. You could use a mix of creative techniques to keep generating value over time. You could also design and put in place innovative processes to create value. Besides, you could manage innovation processes that respond to emerging needs and make the most of opportunities as they become available.

Planning and management



Feedback 6

Grade A! You are on the right track. But there is always room for improvement, isn't it? Continue if you want to become an expert. Use your understanding of the context to design a strategy to achieve goals in line with your (or your team's) vision. You could develop and stick to a detailed project management plan, adjusting to changing circumstances to make sure goals are reached. You could keep your planning methods updated and adapt them to changing circumstances. You could define priorities in uncertain circumstances, with partial or ambiguous information. You could develop the performance indicators you (or your team) need to monitor progress towards a successful outcome in changing circumstances. You could use the results of monitoring to adjust vision, aims, priorities, resource planning, action steps or any other aspect of the value-creating process.

Motivation and perseverance



Feedback 6

Grade A! If you want to become an expert, we recommend you to select a specific field of your liking and take responsibility for contributing to its complex development. Try to create the right climate to motivate your team (for example, by celebrating successes, by learning from failures and by encouraging innovative ways to tackle problems). You could design effective ways to attract talented people and keep them motivated. You could cope with unexpected change, setbacks and failures (for example, job loss). You could stay focused on your vision and goals, despite challenges. Surround yourself with the necessary people for this and don't be in a hurry. becoming an expert on a topic takes time and effort but you already have a lot of the work done and it is all achievable.



You are ready! You show acceptable development, keep it up



You have potential but you need to improve it. Follow our advice

Your report will be downloaded as a PDF to your computer, allowing you to review your score and insights.

Repeat the evaluation process as often as you like to track and measure your progress over time.